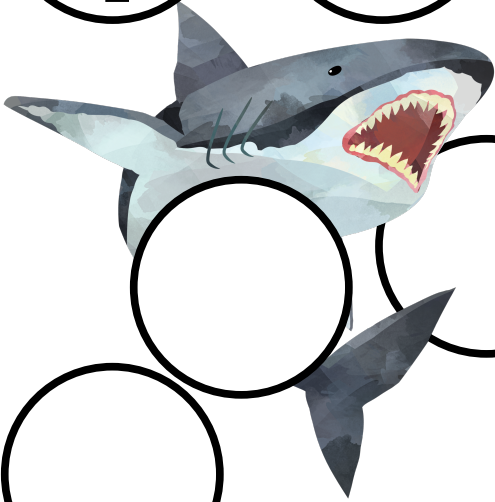
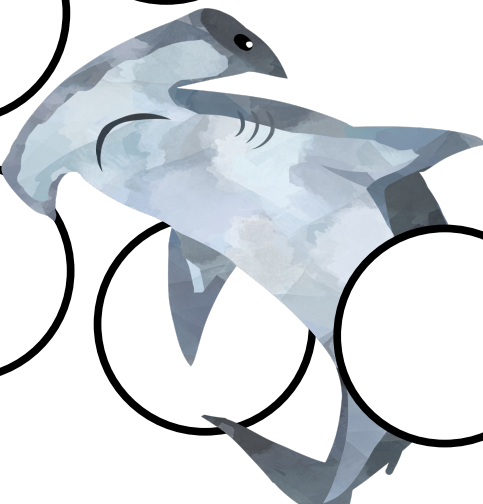


**DAY
1**



READ 20 MINUTES OR MORE EACH DAY TO
AVOID THE SHARKS! SHADE IN EACH
BUBBLE TO TRACK 30 DAYS OF READING.



**DAY
30**

